

# Small Group COS Process Practice Activity

[https://ectacenter.org/eco/pages/training\\_activities.asp](https://ectacenter.org/eco/pages/training_activities.asp)

**Objective:** Discussion about the child's skills and behaviors in each of the [three child outcomes](#) before determining a rating for each.

**Time:** 30–40 minutes

## Preparation

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Prior to the training, contact the training coordinator or participants, and request 1-3 participants come prepared to share assessment information about a child they work with.

You can use the following message to explain the activity to others:

### Example Request

Please come prepared to discuss and describe the functioning of at least one child with whom you work, who has entered services in the last 2 or 3 months, and whom you know well. Bring any information you have about the child or children, including:

- Recent assessment data
- Observation notes
- Other records that help you remember and think about the child's functioning

We will be using the example in an exercise to practice thinking about the child's social relationships, learning and problem solving, and ability to get their needs met across various settings.

You won't be sharing the records or any written materials with others, so one copy is enough. Remove any personally identifiable information (PII) from anything you share."

### Participant Materials

- [Child Outcomes Summary Form](#) (or your state's COS form)
- [COS Decision Tree for Summary Rating Discussions](#)
- [COS Process Discussion Prompts](#)

## Activity Instructions

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- Divide the group into small groups of 4 or 5.
- Have one participant from each group present information about the child with whom they work to their group. Discuss the child's skills and behaviors in each outcome area relative to age expectations. Encourage the groups to use the **COS Discussion Prompts** to get additional information as needed. Then, collaborate to determine COS ratings for each outcome. *(20–30 minutes)*
- With the remaining time, debrief as a large group. Ask the small groups to share information about their group process. What was easy? What was difficult?). Remind participants that during an actual team meeting to determine COS ratings, all team members at the table would know something about the child's skills and abilities, including family members.

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