Activity Answer Key

Name of Activity: What are Functional Skills and Behaviors?

Look at the list of skills below. Which are examples of functional skills? Which are examples of isolated (or discrete) skills? Place an X in the appropriate column and be prepared to explain why you selected your answers.

Skill	Functional	Isolated
 Knows how to imitate a gesture when prompted by others 		Х
Knowing how to imitate a gesture does not necessarily mean that a child can gesture spontaneously for a specific purpose. A more functional skill would be, for example, uses gestures to indicate his preference for toys during play time.		
2. Uses finger in pointing motion The child's ability to point does not necessarily indicate that he can use pointing for a functional purpose, such as to communicate wants and needs.		Х
3. Uses 2-word utterances By itself, the fact that a child can put together two words does not tell you whether the child is using words purposely, such as to convey a message.		Х
 4. Watches what a peer says or does and incorporates it into his/her own play This reflects the child's ability to observe other children and imitate their behavior in a meaningful way. 	Х	
5. Points to indicate needs or wants More functional than the skill described in #2, above. In this example, the skill indicates that the child can point for a specific purpose.	Х	
 Engages in back and forth verbal exchanges with caregivers using 2-word utterances 	Х	

Topical COS Professional Development Activities

Early Childhood Technical Assistance Center/Center for IDEA Early Childhood Data Systems (July 2017)

As opposed to #3, above, this skill is more functional because it describes a meaningful use of words.		
7. Uses pincer grasp		Х
It would be more functional to assess how a child applies the use of a pincer grasp in everyday life.		
8. Can eat dry cereal with fingers	Х	
Because it describes the purpose, rather than just the presence or absence, of fine motor skills.		
9. Touches toy or adult's hand to restart an activity	Х	
Because it emphasizes purposeful movement.		
10. Makes stepping movements		Х
A child's ability to make stepping movements, without looking at how he or she uses that ability, is an example of an isolated skill.		