

# COS Content Connector: Age Anchoring Functional Skills by Outcome

Updated August 7, 2024 — <https://ectacenter.org/eco/pages/cosform.asp>

## Instructions

As a COS team member, you can fill out these tables to organize notes taken while [gathering and age anchoring information about child functioning](#) across the [breadth of the three child outcomes](#).

Review the six skill bundles for each outcome, provide examples of the child’s functioning, and identify what is expected for the child’s age.

Next, age anchor the functioning for each of the child’s skills in your examples, noting one of the following:

- age-expected (AE)
- immediate foundational (IF)
- foundational (F)

You can use and add to this information later during [COS teaming and rating discussions](#).

## Basic Information

Child Name: \_\_\_\_\_

Child ID: \_\_\_\_\_

Child DOB: \_\_\_\_\_

Date: \_\_\_\_\_

COS Team Members:

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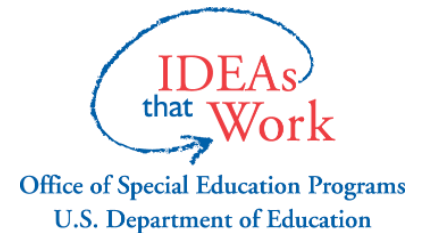
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The contents of this document were developed under a cooperative agreement, #H326P220002, and a grant, #H373Z190002, from the Office of Special Education Programs, U.S. Department of Education. However, the content does not necessarily represent the policy of the U.S. Department of Education, and you should not assume endorsement by the Federal Government.




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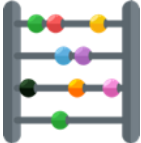






## Outcome 1: Positive Social-Emotional Skills (including social relationships)

Outcome 1 Skill Bundles	Examples of child functioning	What is age-expected?	Age anchoring
<p><b>Relating With Caregivers</b></p> <p>Demonstrate regulation and attachment, respond/initiate/sustain interactions, acknowledge comings and goings...</p> 			
<p><b>Attending to Other People in a Variety of Settings</b></p> <p>Express awareness/caution, respond to/offer greetings, respond to own/others' names...</p> 			
<p><b>Interacting with Peers</b></p> <p>Convey awareness, respond/initiate/sustain interactions, share/cope/resolve conflicts, play near and with peers...</p> 			




Outcome 1 Skill Bundles	Examples of child functioning	What is age-expected?	Age anchoring
<p><b>Participating in Social Games and Communicating with Others</b></p> <p>Respond to/initiate/sustain games and back-and-forth communication, demonstrate joint attention, engage in mutual activity, follow rules of games...</p> 			
<p><b>Following Social Norms and Adapting to Change in Routines</b></p> <p>Transition between activities, respond to new/familiar settings/interactions, behave in ways that allow participation, follow routines and rules...</p> 			
<p><b>Expressing Own Emotions and Responding to Emotions of Others</b></p> <p>Show pride/excitement/frustration, manage own emotions, display affection and comfort others...</p> 			

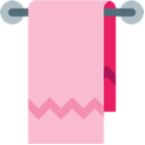

## Outcome 2: Acquisition and Use of Knowledge and Skills

Outcome 2 Skill Bundles	Examples of child functioning	What is age-expected?	Age anchoring
<p><b>Showing Interest in Learning</b></p> <p>Persist, show eagerness and awareness, imitate/repeat actions, explore environment...</p> 			
<p><b>Using Problem Solving</b></p> <p>Figure things out, use trial and error, remember steps/actions and execute them with intention, experiment with new/known actions...</p> 			
<p><b>Engaging in Purposeful Play</b></p> <p>Show early awareness and exploration, use objects according to function, play by building, pretending, organizing and expanding play scenarios and roles...</p> 			

Outcome 2 Skill Bundles	Examples of child functioning	What is age-expected?	Age anchoring
<p><b>Understanding Pre-Academics and Literacy</b></p> <p>Notice differences or associations among things, demonstrate matching/sorting/labeling by size/color/shape/numbers/function, interact with books and pictures, practice early writing and reading...</p> 			
<p><b>Acquiring Language to Communicate</b></p> <p>Learn and use sounds, words, and sentences with increasing complexity including sign language and augmentative and alternative communication (AAC)...</p> 			
<p><b>Understanding Questions Asked and Directions Given</b></p> <p>Respond to gestures/verbal requests, understand meaning of increasingly complex words/questions/directions, know and state details about self (e.g., name, age)...</p> 			

## Outcome 3: Use of Appropriate Behaviors to Meet Needs

Outcome 3 Skill Bundles	Examples of child functioning	What is age-expected?	Age anchoring
<p><b>Moving Around and Manipulating Things to Meet Needs</b></p> <p>Move with increasing control and purpose (e.g., reach, roll, crawl, walk, run, climb) to navigate the environment - with accommodations as needed, manipulate objects/tools (e.g., crayons, scissors, switches, fragile items) with increasing control...</p> 			
<p><b>Eating and Drinking with Increasing Independence</b></p> <p>Suck/swallow, chew, bite, finger feed, use utensils, hold bottle, drink from cup, show growing independence with amount/type of food eaten, access food and feed self....</p> 			
<p><b>Dressing and Undressing with Increasing Independence</b></p> <p>Assist with dressing, take off/put on shoes and clothes, undo/do fasteners...</p> 			

Outcome 3 Skill Bundles	Examples of child functioning	What is age-expected?	Age anchoring
<p><b>Diapering/Toileting and Washing with Increasing Independence</b></p> <p>Lift legs for diaper change, sit on potty, wash hands, brush teeth, help with bathing...</p> 			
<p><b>Communicating Needs</b></p> <p>Indicate hunger/need for sleep/diaper change, express discomfort/hurt, request or reject food, express choice/preferences...</p> 			
<p><b>Showing Safety Awareness</b></p> <p>Avoid dangers (e.g., putting things in mouth, touching hot stove), follow safety rules across settings and situations...</p> <p><i>Note: This awareness is less evident in very young children</i></p> 