

## Larimer County Age Anchoring Tool

### Outcome 3:

#### ***Taking Appropriate Actions to Meet Needs....***

Children demonstrate age appropriate functioning by....

<b><u>0-3 Months</u></b>	<b><u>7-9 Months</u></b>	<b><u>13-18 Months</u></b>	<b><u>25 – 30 Months</u></b>	<b><u>31 – 36 Months</u></b>
<ul style="list-style-type: none"> <li>• Hands begin to open more and rest in open position</li> <li>• Holds small objects or toys when placed in hand</li> <li>• Follows moving object in range of 30 degrees either side of midline (object 10-12” away from baby’s face)</li> <li>• Responds to loud noise with startle or upset</li> <li>• Responds to human voice more readily than any other sound</li> <li>• Begins to produce different cries for different reasons</li> <li>• Turning head to either side when lying on back</li> <li>• Rooting-reflexive turning of mouth toward hand rubbing cheek</li> <li>• Lifting and rotating head when lying on tummy or when held at shoulder</li> </ul>	<ul style="list-style-type: none"> <li>• Holds an object in each hand and bangs them together</li> <li>• Reaches for objects with either hand, one at a time, when lying on tummy</li> <li>• Rakes at tinier objects with fingers</li> <li>• Turns to look when name is called</li> <li>• Begins to imitate sounds, often in turn-taking, conversational way</li> <li>• Moves body to music</li> <li>• Shows desire to get to things that are not within reach</li> <li>• Rolling in both directions and may use sequential rolling to get somewhere</li> <li>• Crawling on belly using both arms and legs symmetrically to propel 3+ feet</li> <li>• Pulls up into standing position when helped with your hands and supports all of weight on legs</li> </ul>	<ul style="list-style-type: none"> <li>• Able to pick up objects of all sorts of sizes and weights using either hand and precision with fingers</li> <li>• Removes objects while holding on to container</li> <li>• Places objects into large containers</li> <li>• Uses wider variety of gestures to communicate wants and needs</li> <li>• Begins to say words for the most familiar thing or people</li> <li>• Follows simple directions, i.e. “Let’s go to the kitchen.”, “Find your shoes.”</li> <li>• Can correctly match sound to object, i.e. doorbell, telephone</li> <li>• Stands without support for brief periods</li> <li>• Walks independently with good quality, needs guidance to ascend/descend stairs on feet</li> <li>• Climbs up on couch or chair</li> <li>• Removes loose clothing partially or completely</li> </ul>	<ul style="list-style-type: none"> <li>• Opens doors by handle/knob</li> <li>• Turning knobs on objects like radio or TV</li> <li>• Catching ball (by trapping against body) when playing with adult or peer</li> <li>• Knows where things are kept</li> <li>• Puts things away to help clean up</li> <li>• Uses non-verbal gestures and body language to express needs and feelings (hugs, hands on hips, etc.)</li> <li>• Progressively more articulate with language to express thoughts and desires</li> <li>• Walks up steps, alternating feet while holding rail or hand for support</li> <li>• Sits on riding toys and pushes with feet; may ride tricycle</li> <li>• Swings leg to kick stationary ball</li> <li>• Plays on outdoor play structures (climbing, sliding)</li> <li>• Attempts to jump with two feet together</li> <li>• Puts on socks, coat and shirt</li> </ul>	<ul style="list-style-type: none"> <li>• Can problem solve and carry out a plan for getting something they need or want, i.e. while mom is distracted, gets forbidden marker out of desk drawer; prepares own simple snack like getting crackers and putting in bowl.</li> <li>• Follows simple rules</li> <li>• Separates easily from mother in familiar environment</li> <li>• Hops in place on one foot (either foot) three time without losing balance</li> <li>• Stands on one foot (either foot) for three seconds</li> <li>• Jumps over object, i.e. string/rope, that is two inches high</li> <li>• Walks upstairs alternating feet</li> <li>• Walks downstairs four steps without support, placing both feet on each step</li> <li>• Can dress and undress independently, including unbuttoning buttons, with few exceptions</li> <li>• Asserts food preferences and recognizes what they are and are not allowed to eat</li> <li>• Gets drink from fountain</li> <li>• Follows basic health practices when reminded (washing/drying hands, brushing teeth)</li> </ul>

## Outcome 3:

### ***Taking Appropriate Actions to Meet Needs...***

Children demonstrate age appropriate functioning by...

<b><u>Birth - 3 Months (continued)</u></b>	<b><u>7-9 Months (continued)</u></b>	<b><u>13-18 Months (continued)</u></b>	<b><u>25 – 30 Months (continued)</u></b>	<b><u>31 – 36 Months</u></b>
<ul style="list-style-type: none"> <li>• Primary Standing-moving legs into extension for weight bearing when held upright (standing height) with feet contacting surface</li> <li>• Walking-reflexive stepping when held upright with feet contacting surface, lifts feet alternatively in walking-like motion</li> <li>• Kicks feet in bicycle motion when lying on back</li> </ul> <p><b><u>4-6 Months</u></b></p> <ul style="list-style-type: none"> <li>• Brings hands together in midline over chest when lying on back, i.e. places hands on bottle while eating, playing with own hands held together over chest</li> <li>• Begins to reach and grasp or bat at objects, shakes or bangs toys on surface</li> <li>• Brings objects to mouth, i.e. toys, pacifier, bottle (when not so full)</li> <li>• Moves objects back and forth from one hand to the other</li> </ul>	<ul style="list-style-type: none"> <li>• Sitting on own once placed in that position to play</li> <li>• Begins to participate when being dressed, pulls off socks or hat</li> <li>• Grabs for spoon/cup when being fed</li> </ul> <p><b><u>10-12 Months</u></b></p> <ul style="list-style-type: none"> <li>• Points with index finger and activates toys using one finger</li> <li>• Begins to develop more refined grasp using tips of finger and thumb to pick up much smaller things with precision</li> <li>• Learns to voluntarily let go of what is being held, may throw objects</li> <li>• Raises arms up when wanting to be picked up</li> <li>• Expresses full range of emotion including resistive behavior</li> <li>• Raises self to sitting position</li> <li>• Creeps on hands and knees to get around</li> <li>• Pulls up on furniture</li> <li>• Cruises along furniture and/or walks with hands-on help</li> </ul>	<ul style="list-style-type: none"> <li>• Practices using child-sized fork and spoon to eat (non-liquids)</li> <li>• Tries to help with tooth brushing</li> </ul> <p><b><u>19-24 Months</u></b></p> <ul style="list-style-type: none"> <li>• Tries to take things apart</li> <li>• May enjoy marking/drawing on paper with crayons or other writing tools</li> <li>• Begins to place objects in containers with smaller openings</li> <li>• Uses two word utterances, plus gestures, to express wants and needs</li> <li>• Can answer questions with “yes” or “no” using head shake, gestures or words</li> <li>• Expresses need for independence with doing things on own or asks for help when needed</li> <li>• Follows 2 or 3 step directions</li> <li>• Likes to imitate adult actions especially to “help out”</li> </ul>	<ul style="list-style-type: none"> <li>• Takes off own shoes, socks, and some pants as well as other unfastened garments</li> <li>• Uses fork to spear bite sized chunks of food</li> <li>• Knows which faucet is hot and cold</li> <li>• Washes self in bath</li> <li>• Interested in trying potty while still predominantly wearing diapers</li> </ul>	<ul style="list-style-type: none"> <li>• Verbalizes toilet needs fairly consistently</li> <li>• Shows daytime control of toileting needs with occasional accidents</li> </ul>

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***Taking Appropriate Actions to Meet Needs...***

Children demonstrate age appropriate functioning by...

<b><u>4-6 Months (continued)</u></b>	<b><u>10-12 Months</u></b>	<b><u>19-24 Months (continued)</u></b>	<b><u>25 – 30 Months (continued)</u></b>	<b><u>31 – 36 Months (continued)</u></b>
<ul style="list-style-type: none"> <li>• Babbles with wide variety of sounds</li> <li>• Rolling-tummy to back (over either L/R side) often comes before back to tummy</li> <li>• Raises head and shoulders by resting on forearms/hands when on tummy to look around</li> <li>• Sits with less and less support, tries to prop forward on arms to stay sitting or tries to raise self to sitting when leaning back, as in the car seat</li> <li>• Reaches for and plays with feet</li> <li>• Holds head up well in many positions to be able to see all around</li> <li>• Enjoys bath-keeps eyes open and indicates pleasure when placed in warm water or plays by splashing</li> </ul>	<ul style="list-style-type: none"> <li>• Tries to climb to get to higher surfaces, crawls up stairs</li> <li>• Fusses when uncomfortable in diaper</li> <li>• Feeds self with fingers/sippy cup and tries to use small utensils</li> </ul>	<ul style="list-style-type: none"> <li>• Garners someone’s attention or takes someone’s hand to take them to something they want or want to show them</li> <li>• Demonstrates more advanced movement and motor skills such as running and more proficient climbing, i.e. climbing out of the crib</li> <li>• Attempts to jump down from step or raised surface</li> <li>• Positions body more automatically to help put on clothing</li> <li>• More developed skills with spoon and fork, less spilling</li> <li>• Tries to wash own hands and face, comb hair</li> </ul>		