

# Quick Guide: DEC Recommend Practices and Your Family

Your family is your child's first and most important teacher. The **DEC Recommended Practices (RPs)** help you and your child's team work together to support learning, development, and belonging.

The Division for Early Childhood (DEC) supports professionals and families to strengthen learning and development of young children with, or at risk for, developmental delays and disabilities.

Scan this code to read the RPs: <https://ectacenter.org/decrp/decrp.asp>



## DEC RP Topics



### ASSESSMENT

Learn about your child's strengths, needs, interests, and progress.



### ENVIRONMENT

Create spaces, materials, and routines that support participation.



### FAMILY

Honor family culture, priorities, routines, and choices.



### INSTRUCTION

Learn during everyday activities and routines.



### INTERACTION

Build warm, responsive relationships that support learning.



### LEADERSHIP

Share decision-making, advocate, and support positive outcomes.



### TEAMING AND COLLABORATION

Working together at home, school, child care, and with therapists.



### TRANSITION

Change from hospital to home, early intervention to preschool, or preschool to kindergarten.

## RPs Help Your Family:

- Ask questions at meetings, home visits, therapy, or school.
- Share what works at home, so the team can build on your child's strengths.
- Use daily routines as learning opportunities (for example, getting dressed, playing, or reading together).
- Work with the team toward your family's goals and priorities.



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## EXAMPLE RP

**TC1.** Practitioners representing multiple disciplines and families work together as a team to plan and implement supports and services to meet the unique needs of each child and family.

## IN PRACTICE

You and your child's team create and use a picture schedule to manage a challenging morning routine.

*Scan this code to read the **Teaming and Collaboration** practice guide on **Joining Your Child's Team**, or guides on other topics:*



<https://ectacenter.org/decrp/type-pgfamily.asp>

## ADDITIONAL FAMILY RESOURCES

ECTA Center provides additional resources for families, including:

- Contact information for state programs
- Find your state's Parent Center
- Information about developmental milestones and the child outcomes process

*Scan this code for more family resources:*



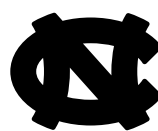
<https://ectacenter.org/families.asp>

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## ecta Early Childhood Technical Assistance Center

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