**Supporting Families During the Pandemic:**

**Four Therapists Share Their Wisdom**

A viewer’s guide to this video: [*Supporting Families During the Pandemic: Four Therapists Share Their Wisdom*](https://youtu.be/QIWjLbINl-I)

| **Key Points** | **How might you apply it to your home visits?** |
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| **Part 1: Strategies for using video conferencing to deliver home visits**  |
| Ask how routines have changed during the pandemic |  |
| Embed intervention in everyday routines and activities |  |
| Adopt a new comfort zone using video conferencing |  |
| Use a coaching approach |  |
| Problem-solve with the caregivers |  |
| Put the ball in the family’s court |  |
| Expand our breadth of support during the pandemic |  |
| Follow the family’s lead |  |
| Prepare for your visits |  |
| Talk with parents about their expectations |  |
| Make it playful |  |
| Include the whole family |  |
| Be flexible with scheduling |  |
| **Part 2: Thoughts about technology** |
| Text videos and photos between visits |  |
| Use a laptop or desktop computer if you can |  |
| Make do with what you have |  |
| Practice with a co-worker |  |
| **Part 3: Final advice about delivering home visits through video conferencing** |
| Just jump in and try it |  |
| Expect it won’t be perfect |  |
| Families appreciate the connection |  |
| Just do it! |  |
| It’s not that different than what you’ve been doing |  |
| Be flexible |  |
| Offer a sense of normalcy in such an unusual time |  |

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