Embedding Learning Activities @ Home

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| *Daily**Family**Schedule* | Goal/Target Skill #1: Connect with family members | Goal/Target Skill #2:Follow home rules and routines | Goal/Target Skill #3:Respond to questions with two to three-word phrases | Goal/Target Skill #4:Play with home materials/manipulatives that require hand strength | Goal/Target Skill #5 |
| Intentional Teaching Practice (ITP):Conscious Discipline Strategies | Intentional Teaching Practice ( ITP):First/Then Board | Intentional Teaching Practice (ITP):Visual sentence strip | Intentional Teaching Practice (ITP):Verbal prompt and adult/peer model | Intentional Teaching Practice (ITP): |
| *Morning Routine* | I Love You rituals | First: Get dressedThen: Breakfast |  |  |  |
| *Breakfast* | Check-in-high five, hug, fist bump | First: BreakfastThen: Playtime | What do you want for breakfast? I want \_\_\_\_\_\_\_\_\_\_\_. |  |  |
| *Playtime* | Brain Smart Start breathing technique (STAR, Drain, Balloon, Pretzel) | First: Clean-upThen: Outside | What do you want to play with?I want \_\_\_\_\_\_\_\_\_\_\_. | Choice of:* Playdough- kneading
* Art- paper punch & cutting
* Pop it toys
* Legos
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| *Outside* |  | First: Clean-upThen: Lunch | Sandbox- What are you making?I made \_\_\_\_\_\_\_\_\_\_\_. | Paint with spray bottlesCrab walk/bear walk games |  |
| *Lunch* | Check-in-high five, hug, fist bump |  | What would you like to eat?I want \_\_\_\_\_\_\_\_\_\_\_. | Opening food containers |  |
| *Job/Chores* |  | First: JobThen: Song/Story |  | Job- water plants with spray bottle |  |
| *Songs/story* | I Love You Rituals |  | What song/book do you want? I want\_\_\_\_\_\_\_\_\_\_\_. | Yoga- weight-bearing poses |  |
| *Naptime* |  | First: Lay down Then: Naptime choice board |  |  |  |
| *Playtime* | Check-in high five, hug, fist bump |  | What do you want to play with?I want \_\_\_\_\_\_\_\_\_\_\_. |  |  |
| *Dinner* |  |  |  | Serve food with kitchen tongs |  |
| *Bedtime Routine* | I Love You Rituals |  |  |  |  |