

## Activity 5.2 Family – Self-Reflection Tool



### Objectives:

- I will understand how family practices support families in achieving their goals for their child or other family members.
- I will observe and facilitate the active participation of families in decision-making related to their child (e.g., assessment, planning, intervention).
- I will demonstrate strategies that are family-centered, build capacity, and demonstrate family-professional collaboration.

### How to use:

After observing or participating in a family-professional partnership, use this tool to reflect on the implementation of family practices, the impact on child and family outcomes, and identify ways to improve. These reflections will be used to help design your action plan.

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Setting:** \_\_\_\_\_

**DIRECTIONS:** Briefly describe and reflect on a family-professional partnership you observed or in which you took part.

1. **Objective** – Describe the following aspects of the partnership.

Describe the **child and family of focus focusing on the child and family strengths.**

Describe the **family concerns, priorities, and goals.**

Describe **opportunities to strengthen family functioning and parenting confidence.**

Describe if/when you helped the family **access and use resources, understand their rights, and promote leadership and advocacy-building opportunities.**

