

## Activity 3.2 Environment – Self-Reflection Tool



### Objectives

- I will understand the components of the child’s natural environment.
- I will observe the child’s present level of participation in an activity.
- I will identify when and how to modify or adapt the environment to optimize child learning.
- I will identify what worked well and what didn’t and plan appropriate changes.

### How to use

After modifying and adapting the environment to promote increased access and participation for children, use this tool to reflect on your implementation, impact on children, and ways to improve. These reflections will be used to help design your action plan.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Setting: \_\_\_\_\_

### Directions

Describe a successful interaction that occurred in your work with a young child.

**1. Objective** — Describe the components of the child’s natural environment and the modifications or accommodations you made objectively:

- Describe the existing **components of the natural environment (physical, social, or temporal)** on which you focused.
- Describe the **observed level of participation** by the child in the identified environment.
- Describe the identified **modifications and/or accommodations** to the environment to optimize child learning.

**2. Reflective** — How did the change in environment affect child learning? Did you feel that the change you made caused a difference in participation and access for the child(ren)? Do you feel more or less competent in making modifications and/or accommodations to the physical, social, or temporal environment?

**3. Interpretive** — What did this modification/accommodation make you think about? What did you learn from this process? What worked and what do you still need to practice?

**4. Decisional** — What would you do differently to modify or adapt the environment in the future?

Adapted from: Stanfield, R. B. (Ed.). (2000). *The art of focused conversation: 100 ways to access group wisdom in the workplace*. New Society Publishers.