

Activity 2.2 Transition – Self-Reflection Tool



Objectives

- I will understand how planned and timely transition practices support the adjustment of family and children to new settings and contribute to positive family and child outcomes.
- I will observe the roles of the sending and receiving programs and how they support continuity and alignment.
- I will identify high- and low-intensity strategies to support successful transitions.

How to use

After either participating in or witnessing a successful transition that supports the adjustment of a family and child in a new setting, use this tool to reflect on your implementation of practices, the impact on outcomes, and identify ways to improve. These reflections will be used to help design your action plan.

Name: _____ Date: _____

Setting: _____

Directions

Describe a successful transition for a child you have helped to facilitate or have witnessed.

- 1. Objective** — Describe the programs involved in the transition and the specific strategies used.
- Describe the child and family and the transition time (i.e. hospital to home, EI to preschool, etc.).
 - Describe the sending program and the roles taken by those practitioners to support continuity and alignment.
 - Describe the receiving program and the roles taken by those practitioners to support continuity and alignment.

- Describe the planned and timely, high-intensity and low-intensity strategies used to promote successful child and family outcomes.

2. Reflective — How did the transition affect child and family outcomes? Did you feel that changes in practice contributed to increased positive outcomes? Do you feel more or less competent in facilitating planned and timely transition practices that support the adjustment of families and children in new settings?

3. Interpretive — What did this transition process make you think about? What did you learn from this process? What worked and what do you still need to practice?

4. Decisional — What will you do differently in your next opportunity to help facilitate planned and timely transition practices that support continuity and alignment?

Adapted from: Stanfield, R. B. (Ed.). (2000). *The art of focused conversation: 100 ways to access group wisdom in the workplace*. New Society Publishers.