

## Training Activity Instructions

### **Name of Activity: 7-point Rating Scale Face-Off**

**Learning Objective:** Participants will identify the rating on the COS 7-point rating scale that describe written examples of children's functioning.

**Activity Time:** 30 minutes

### **Materials:**

- *7-Point Rating Scale Face-Off Activity Sheet*  
<http://ectacenter.org/~pdfs/eco/costraining/7prs-face-off-activity.pdf>
- *7-Point Rating Scale Face-Off Answer Key*  
<http://ectacenter.org/~pdfs/eco/costraining/7prs-face-off-answer-key.pdf>
- *Definitions for Outcome Ratings* handout:  
[http://ectacenter.org/~pdfs/eco/definitions\\_outcome\\_ratings.pdf](http://ectacenter.org/~pdfs/eco/definitions_outcome_ratings.pdf)

### **Preparation:**

1. Partner learners in groups of two or three.
2. Give one copy of the *7-Point Scale Face-Off Activity Sheet* and *Definitions for Outcomes Ratings* handout to each participant.
  - An alternative format for a large group would be to have a presentation slide for each rating scenario rather than distributing the Activity Sheet.

### **Instructions:**

1. Allow 10 minutes for each group to review and discuss the different scenarios on the *7-Point Scale Face-Off Activity Sheet* using the following prompts:
  - a. Is there sufficient evidence for you to determine between the two possible ratings? If so, which rating would you select?
  - b. What detail of the scenario led you to this rating?
  - c. Do you feel confident in assigning this rating for the child? Why or why not?
2. Review each scenario as a large group, asking a representative from one group to report out with their choice of rating for one scenario at a time, including explaining their answers to the three prompts. Use the *7-Point Rating Scale Face-Off Activity Answer Key* to guide the report out.
3. Facilitate a group discussion focusing on making distinctions between ratings that are next to each other on the 7-point scale. Consider prompting the discussion with questions, such as:
  - a. Which ratings have criteria that may make it difficult to decide between two ratings? Consult the *Definitions for Outcome Ratings* handout, as needed.
  - b. Was there any specific language in the scenarios that helped you decide which of the two ratings on the 7-point scale you chose?
  - c. What other information would you have liked to have in these scenarios?