

# What Counts: Measuring the Benefits of Early Intervention in Hawai'i

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With assistance from the

**Early Childhood Outcomes Center** 



### Logistics for the day

- \* Agenda
  - Lunch arrangements
  - > Snacks
  - Small groups
- \* Facilities
- \* Questions
  - Ask at any time
  - Write down 3 questions you have right now



#### **Overview**

- Why collect Goals data?
- Understanding the Child Goals
- Assessing the accomplishment of the Child Goals
- Using the Child Goals Summary Form
- Practice with the Child Goals Summary Form
- Working with families and the IFSP team
- Logistics



## Why collect data on how child and family benefit from EI services?

- Program improvement
- Federal interest: OMB/OSEP
- Justification for funding
- Families want to know what benefits they can expect
- \* Research



### The Overarching Goal for Early Intervention

"...To enable young children to be active and successful participants during the early childhood years and in the future in a variety of settings – in their homes with their families, in child care, in preschool & eventually school, and in the community."



### EI Goals for Children

- Children have social and emotional skills (including positive social relationships).
- Children learn and use knowledge and skills.

3. Children take action to meet their needs.



# Understanding the 3 Child Goals ...



#### Goals are Functional

\* Functional refers to things that are meaningful to the child and his/her family in the context of everyday living.

★Refers to an integrated series of behaviors or skills that allow the child to participate fully and successfully now, and prepare for future success.



### Functional goals are not...

- \* a single behavior
- the sum of a series of isolated behaviors or "splinter skills"

#### Such as....

- Knows 10 words
- Smiles at mom
- Stacks 3 blocks

- Pincer grasp (picks up a raisin)
- Goes up and down stairs with one foot on each stair



### Goals are Functional

- Not "domains" based not trying to separate child development into traditional areas (communication, gross motor, etc.)
- Emphasize how the child is able to to carry out complex meaningful behaviors
- Meaningful behaviors often involve multiple "Domains"



### Thinking Functionally

#### \* Not just....

- Know how to make eye contact, smile, and give a hug
- Know how to imitate a gesture when prompted by others
- Use finger in pointing motion
- Show a skill in a specific situation

#### \* But does he/she...

- Initiate affection toward caregivers and respond to others' affection
- Watch what a peer says or does and incorporate it into his/her own play
- Point to indicate needs or wants
- Use a skill in actions across settings and situations to accomplish something meaningful to the child



### Call and response

- \* Knows her sister's name
- \* Knows hidden object is still "there"
- ★ Can imitate most sounds except "f", "l", "sh"
- Holds fat crayon in fist

What would a child use this skill for?

(What is its function in the child's life?)



#### Functional Goals

- What does a child typically do?
- Actual performance across settings and situations
- How child uses his/her skills to accomplish tasks
- Not the child's capacity to function under ideal circumstances or what s/he has done once or twice.



# Children have positive social relationships

#### \* Involves:

- Relating with adults
- Relating with other children
- For older children- following rules related to groups or interacting with others

#### Includes areas like:

- Attachment/separation/autonomy
- Expressing emotions and feelings/Empathy
- Learning rules and expectations
- > Social interactions and play



# Children learn and use knowledge and skills

#### \*Involves:

- > Thinking
- Reasoning

- Remembering
- Solving problems
- Using symbols and language
- Understanding physical and social worlds

#### \*Includes:

- Early concepts mirror, symbols, pictures, numbers, classification, spatial relationships
- Imitation
- > Knows something hidden is still there
- Expressive language and communication



## Children take action to meet their needs

#### \* Involves:

- Taking care of basic needs like hunger, warmth, security
- Getting from place to place
- Using tools
- In older children, contributing to their own health and safety



### Taking action to meet needs

#### \* Includes:

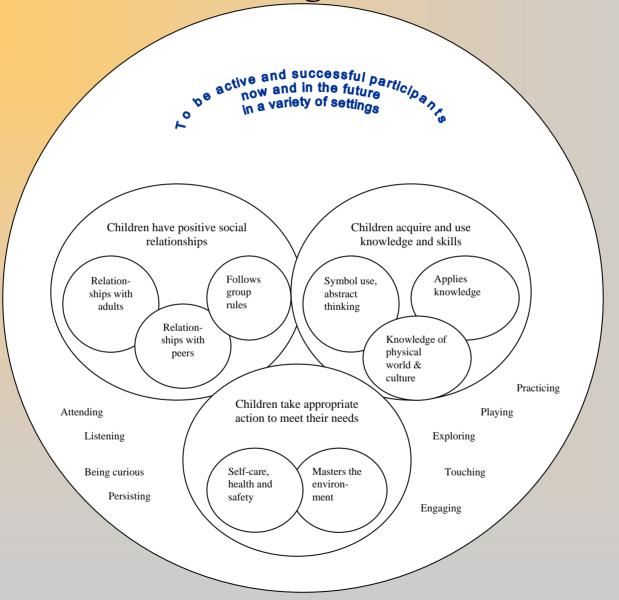
- Integrating fine and gross motor and communication skills to complete tasks
- Self-help skills (e.g., dressing, feeding, grooming, toileting, household responsibility)
- Acting on the world to get what one wants
- As child gets older, takes APPROPRIATE action to meet needs



#### Issues

- \* There is overlap across the Goals (because behavior is integrated)
- ★ Goals vs. IFSP Outcomes & Objectives
- ★ There are important processes that underlie the Goals but are not the same as the Goals
  - e.g. paying attention, listening, curiosity, persisting, practicing, exploring, touching

#### **Understanding the Child Goals**



#### **Alternative Ways of Thinking about Child Development**

Overarching Goal:

Children will be active and successful participants now and in the future in a variety of settings.

**Child Goals:** 

Children have positive social relationships

Children learn and use knowledge and skills

Children take appropriate action to meet their needs

**Domains:** 

Communication

Cognition

Social-Emotional

Content

Language Arts

Math Mu

Music

Self Help

Motor

Areas:

Science

Social Studies

Art

Note: Each of these can be broken down further into sub-areas

**Processes:** 

Memory

Self-regulation

Recognizing and interpreting sensory input

Listening

Attending

Etc.

**Body Functions:** 

Vision

Hearing

Movement

-flexibility

-strength

-postural response

Speech production

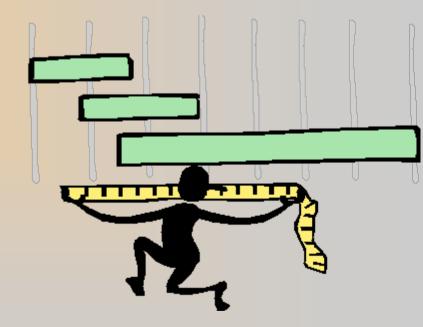
Etc.

Example of how movement can be sub-divided



### Indicators for Child Goals

- Percentage of children making progress on each goal and
- Percentage of children who are functioning typically when they leave EI services.





# Important Issues Related to Accountability

- No service system can guarantee the achievement of any Goal involving children or families
- Achieving a Goal occurs as a result of a variety of factors, only one of which will be services and supports provided through early intervention



# Important Issues Related to Accountability

- Even in the best system, some children will not achieve all of the desired Goals
  - Early intervention will not "fix" children
  - Children with severe disabilities will make very slow progress toward these Goals
  - But we do not know what any individual child is capable of achieving



# The Bottom Line Related to Achievement of the 3 Goals

Early intervention should strive to achieve the 3 Goals for all of the children receiving services.



# Assessing the Accomplishment of the 3 Goals



# Critical Assumptions Related to the 3 Goals

- Achievement of the Goals is age-based, i.e,. children of different ages will demonstrate achievement in different ways
- There are many pathways to competence for children with atypical development (e.g., using sign language, walker, wheel chair).



#### Using the Child Goals Summary Form





# Measurement Strategy for Child Goals: EI Programs

\* Who: IFSP team

\* When: Initial, Review & Annual meetings & Exit

meetings



#### Features of the Summary Form

- Based on child's functioning
  - what child generally does across settings and situations,
  - not what a child can do under ideal circumstances.
- Rating is based on child's functioning compared to other children the same age distance from typical



### Key Points

- \* Assumption: Children can be described with regard to how close they are to age expected behavior for each of the 3 Goals
- By definition, most children in the general population behave in an age-expected way in each Goal area
- By providing services and supports, early intervention is trying to move children closer to age expected behavior
- Some children will never achieve this



### Key points

- Documenting children's movement toward typical development is one type of evidence that early intervention is effective
- Documenting each child's progress in the Goal areas is another type of evidence



# Measurement Strategy for Child Goals: EI Programs

- \* Who: IFSP team
- \* When: Initial, Review & Annual, & Exit meetings
- \* How: Rating on each goal based on
  - **☑** PLOD
  - ☑ Family & provider input
  - ☑ Assessments
  - ☑ Last IFSP objectives





# USING the Present Levels of Development (PLOD)

- PLOD summarizes input from all involved providers and from parents
- PLOD usually shows information everyone agrees is true

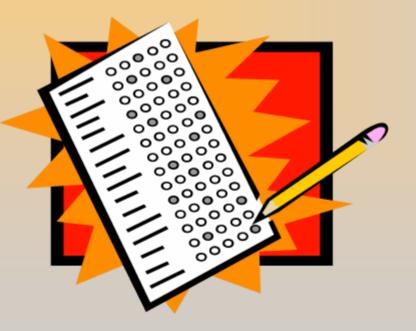


### Challenges in using PLOD

- PLOD is organized by domains
- PLOD may not explicitly compare behaviors to expected behaviors
- PLOD may show child behaviors in "ideal" situation – "Peak" skills, not skills shown in most everyday settings and situation.
- Requires thought, creativity, discussion & problem solving by IFSP team to translate to functional goal areas, compare to expected levels of development, and focus on everyday behaviors



#### So why not use assessment results?



There is no assessment tool that assesses the 3 Goals directly



### The Assessment Lens

Each child is an integrated collection of many behaviors, skills, traits, abilities, strengths, and needs

What any individual assessment "tunes into" depends on the orientation of the professionals who developed it



Their professional training and values provided an "organizing framework" for how they see children and development



#### The Assessment Lens

- Each assessment carries its own organizing framework
- Many are organized around domains
- But what is covered in the domains isn't the same, even if the domain names are the same – which they often aren't



#### Currently Available Assessments

- Each assessment sees children through its own lens
- ★ Each lens is slightly different
- \* Lenses are not right or wrong
- Key question: How much information will the assessment provide about the attainment of the 3 Goals?



#### Crosswalks

- \* The ECO Center has developed crosswalks for the HELP, ASQ and some other assessments
- Crosswalks give a visual indication of how the assessment covers the 3 Goals
- Crosswalks show which areas/sub-areas map to which Goal



## So we need the Child Goals Summary Form because

- No assessment instrument assesses the 3 Goals directly
- The functional goals do not correspond to domains or assessment results
  - ➢ Goal 1....



#### Conclusion

\* Assessment information can be very useful but it needs to be understood and used in the context of each functional Goal.



### BREAK TIME!





#### The Forms

- **Family Form:** Use for the conversation
  - 3 Goal pages
  - 2 questions per Goal
- **★** Data recording form:
  - Cover page + 1 page



## The 2 Questions

- a. Has the child shown any new skills or behaviors related to \_\_\_\_\_ since the last Goals summary? (yes-no)
- b. To what extent does this child show behaviors and skills related to this Goal appropriate for his or her age across a variety of situations?

(Rating: Not yet ... Completely)



# The Progress Question (1a, 2a, 3a)

- Compares child to his/her own past behavior
- Has the child shown ANY new skills or behaviors in the goal area since the last rating?
  - > Yes or No
- Small steps of progress count!
- \* Examples....
- Most will check "yes"



## Summary ratings (Not yet ... Completely)

- Give an overall sense of child's current functioning in 3 areas
- ★ They are not:
  - Information on the services provided themselves
  - > The family's satisfaction with services
  - An explanation of why the child's functioning is at that level



# Summary rating (Not yet... Completely)

- Reduces rich information from a discussion of observations and assessments into a rating to allow a summary of progress across children
- Does not provide information for planning for the individual child. Information at the rich, detailed level will be more helpful for intervention planning purposes.



## Ratings on the 3 Goals

- Ratings on 3 Goals should be reported for every child enrolled.
- Ratings are needed in <u>all</u> areas even if:
  - No one has concerns about a child's development in one or more areas



## Determining a rating

- There are many different ways that children can function effectively
- Effective functioning that takes forms that are less common should not receive low ratings, unless
  - The pattern of behavior relied on may interfere with future development



## Assistive Technology and Accommodations

Ratings should reflect the child's level of functioning using whatever assistive technology or special accommodations are present in the child's usual settings



## The Hard Part ... The Rating



## Comparison Ratings for the Goals

- The group making the rating needs to reach consensus on one of seven categories.
- ★ Descriptions are given for each category
  - Not Yet
  - Emerging
  - Somewhat
  - Completely



## Comparison Ratings for the Goals, continued

- Check the "between" boxes if the child's functioning is "in between" higher and lower categories.
  - That is, the child functions better than the lower category, but not quite as described in the higher category.



## Completely

- Child shows behaviors and skills expected in all or almost all everyday situations that are part of a child's life
  - home, store, park, child care, with strangers, etc.
- Behaviors and skills are considered typical for his/her age.
- No concerns about delays on any of the components of the global goal area.



#### Somewhat

- Child shows expected behaviors and skills some of the time across situations
- Behaviors and skills are a mix of appropriate and not appropriate
- May act more like a slightly younger child
- Some behaviors or conditions may be interfering with child's ability to achieve age-expected behavior and skills



#### Between completely and somewhat

Child's functioning is generally considered typical for the child's age but there are some concerns about the child's functioning.



## **Emerging**

- Child does not yet show behaviors and skills expected of a child this age in any situation.
- Behaviors and skills include immediate foundational skills which prepare for ageexpected skills.
- Behaviors may be more like those of a younger child
- Some behaviors or conditions may be interfering with child's ability to achieve age-expected behavior/skills.



#### Not Yet

- Child does not yet show behaviors and skills expected of a child of his/her age in any situation.
- Behaviors and skills do not yet include any immediate foundational skills upon which to build age-expected skills.
- Behaviors may be more like those of a much younger child
- Some behaviors or conditions may be seriously interfering with child's ability to achieve age-expected behavior and skills



## None Quite Fit?

Use the in-between categories for children who have some characteristics of two different descriptions.



## If the Child's Functioning is Comparable to Same Age Peers

- \* "Completely": typical, no concerns
  - \*If child continues to develop along these lines, prospects are good that the child will do well next year, the year after, and will enter kindergarten "ready to succeed"\*
- \* "Between completely and somewhat": generally age appropriate but there are some concerns; "low typical"
  - \*If child continues to develop along these lines, there could be a problem in the future. There is some chance that the child would **not** enter kindergarten "ready to succeed"\*



## Explaining the rating

- Why explain the rating?
- Noting new information on the PLOD



## What helps explain a rating?

- Items that show a child's skills and behavior in everyday situations
- Items directly related to the Goal Area
- Items which cover the breadth of the Goal Area
- Items that show the child's behaviors which are at or closest to expected behaviors



## Let's see how we can use the Child Goals Summary Form





#### **LUNCH TIME**





## Summary Ratings Reflect Global Functioning

- Ratings on each Goal are a snapshot of
  - > The whole child
  - Functioning
  - Across settings and situations
- \* Rather than
  - ➤ Skill by skill
  - ➤ In one standardized way
  - Split by domains



#### Critical issues related to the 3 Goals

- Goals refer to how a child functions across a variety of settings so include any assistive technology or supports the child typically uses
- Goals reflect the child's everyday functioning – not what the child is capable of under the ideal or highly unusual circumstances



#### Small group instructions

- Find your group
- Review the IFSP and case study and assessment

\* Focus on the "B" question:

- ➤ Talk about information you need for Goal 1
- > Use what you have to choose a category
- > Repeat for Goals 2,3
- > Note what you want to bring to large group

minutes



#### Including families in the discussion

- Family input is critical
  - Family members see the child in situations that providers do not
- Many parents have some ideas about what behaviors are expected around what age, but
- There is no expectation that all parents will be able to determine if what they are seeing is typical or age appropriate



#### We need to think about:

- \* How can we prepare families for this process?
- We will be comparing each child to a typically developing child. How can we phrase our questions and explain why/what we are doing so parents will be as comfortable as possible?



# When to introduce to family: ideas from Pilot Programs

- At intake when discussing IFSP process
- At intake when discussing what program provides
- At family assessment, discuss child's status in 3 Goal areas
- Mail forms to family before IFSP meeting
- Discuss at meeting before IFSP meeting



#### How to introduce to family

- Explain why we want to improve what our program does for children
- Explain that it is required
- Discuss the functional goals give examples, emphasize typical child behavior – parent knows most about this



# Why compare child to an average child?

- So we can combine information from all children to get an overall picture of whether our program is reaching our goals
- \* Example: height



### BREAK TIME





## Facilitating the discussion

- ★ Use all providers on the team
- ★ Use provider family knows best
- Introduce the Goal discuss the breadth of the Goal, what all it includes, examples
- ★ Take the time to explore what each person knows about the child's behaviors in this Goal area



## Facilitating, continued

- Include descriptions of expected ageappropriate behaviors as you talk about this child's behaviors
- Find out what the parent knows about typical children the same age as their child
- Summarize discussion in terms of the category labels.
- \* If there is no disagreement, check the category.



## Handling disagreements

- Prevent disagreement by listening and framing during discussion
- If one person disagrees with a description of the child's behavior, or with the rating:



## Handling disagreement, cont.

- Ask the person to describe what behaviors or skills s/he has observed, and whether that is a typical or "once in a while" behavior
- Ask the person to describe the setting/situation where s/he observed the behavior
- Make sure you are both talking about the Goal area – go back to description of Goal.



### Handling disagreement, cont.

- Be open to learning new things about the child that you may not have seen
- Share what you have observed, why you believe it is typical behavior, related to this Goal area
- Share how you have learned about ageexpected behavior and what you know in this Goal area



## Handling disagreement, cont.

- \* Go back to the PLOD/assessments and make sure items you are talking about are noted there, or add them
- Don't get stuck on coming to agreement if everyone is within one rating category of each other
- ★ Try to focus rating discussion as a summary of what has been said about the child, not as "choosing a category"



# If you just can't agree, or it is taking way too long

- Note this on the Child Goals Summary Form; write down areas of disagreement
- ★ Discuss with your supervisor
- ★ Your supervisor can approve leaving the Goal rating for this Goal blank, and noting why on the form; you may develop different ways to talk to the Team member who disagrees and resolve it at the next meeting.



# Let's practice introducing and facilitating: 30 minutes

- Find your partner
- Agree on one person to play a parent, one a provider
- Review the case scenario
- "Parents:" Use your own judgment of how to respond to the "provider" in your group.
- Note what you'd like to bring back to large group.



#### What Counts timeline

- \* 3 programs piloted initial draft forms and processes for two months
- Initial implementation started April 1, 2006
  - Data will become "baseline" for OSEP
  - ➤ EIS program, Healthy Start & PHN in three communities have been trained and are implementing measurement



#### Timeline continued: You're Next!

- At your next IFSP meeting, use the What Counts form to rate the child's functioning on the 3 Goals.
- Your data will be part of OSEP baseline data.



## Logistics of implementation

- \* Forms handling
- Program managers will have electronic copies of all forms
- Each program will decide how to get paper forms in time for IFSP meetings

- **★Data handling:** 
  - "The El Nightmare"
  - There WILL be an electronic data system
  - It is not ready yet
  - Your program will save all paper Summary Forms until it is possible to enter data.



## Ongoing support



- Site visit or joint meeting in about a month
- \* FAQs
- ★ Email Beppie or Kathy
- Kathy Kubo will be transitioning into the What Counts Coordinator role this summer



## Coming in September... A Family Survey

- Measures family benefit from Early Intervention
- Uses the 5 Family Goals
- Care Coordinators will give survey to each family
- Family will mail survey to EIS



## Did we answer your questions?



## Please Share Your Ideas

- \* Please be aware of
  - what works,
  - what doesn't work,
  - what is clear,
  - what is not clear
- Help us figure out how to make this work better



#### Contact:

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What Counts website:

http://www.wcp.hawaii.edu/