# ecta Early Childhood Technical Assistance Center

## Family Outcomes Surveys

The original Family Outcomes Survey (FOS) was developed and validated by the Early Childhood Outcomes (ECO) Center to assess five family outcomes and the helpfulness of early intervention. There were multiple versions of the original Family Outcomes Survey, some for parents of young children with special needs and some for parents of all young children.

In 2010, upon request from states, the ECO Center developed an updated version of the FOS for Part C programs. The Family Outcomes Survey-Revised (FOS-R): Part C was designed to better assist Part C programs in measuring family outcomes and determining the helpfulness of early intervention programs for federal reporting and program improvement purposes. The core concepts in the FOS-R remain the same as in the original FOS, with the addition of more detailed information to guide program improvement activities and a modified survey format. Both the original and revised versions have been translated into Spanish as well as additional languages. Special thanks to our colleagues in Texas, Minnesota, and Washington for assisting with these translations. The ECTA Center supports the use of both the FOS (2006) and FOS-R (2010). These tools have been tested to ensure sound psychometric integrity that can be used to document family outcomes and identify areas for program improvement. If a state would like to adapt these surveys, we encourage you to reach out to staff and the ECTA Center to discuss potential adaptations and implications for producing reliable and valid data.

For more information on the FOS, visit https://ectacenter.org/eco/pages/familysurveys.asp

Please contact staff at the ECTA Center if you wish to adapt the survey: https://ectacenter.org/about/contact.asp

The ECTA Center is a program of the FPG Child Development Institute of the University of North Carolina at Chapel Hill, funded through cooperative agreement number H326P220002 from the Office of Special Education Programs, U.S. Department of Education. Opinions expressed herein do not necessarily represent the Department of Education's position or policy. Project Officer: Julia Martin Eile



Office of Special Education Programs U.S. Department of Education

### **Family Outcomes Survey**

Birth to 3 General Version

The Family Outcomes Survey is designed to provide a way for you to describe your family and the ways you support your child's needs.

#### **Instructions:**

- This survey should be filled out by the person in your family who has the most knowledge about your child's care and development.
- All of the responses include the word "we" or "our." This refers to your family. Usually this means parents and others who support and care for your child. But every family is different, so think of what "family" means to you when answering.
- On every page, you will be asked to answer questions like the example below:

How much does your family know about dinosaurs?

1	2	3	4	5	6	7
We know a <b>little</b> about dinosaurs		We know <b>some</b> about dinosaurs		We know <b>a good</b> <b>amount</b> about dinosaurs		We know <b>a great</b> <b>deal</b> about dinosaurs

- Read each question and circle the number that best describes your family right now.
- If a statement almost describes your family, but not quite, circle the number just to the left or the right. For example if you feel that the statement 5 "We know **a good amount** about dinosaurs" almost describes your family, but not quite—circle the 4.

If you do not know how to answer a question, or if you are not comfortable answering the question, skip it and go to the next question.

<sup>© 2006.</sup> Adapted from version 11-15-06, posted 2-22-07. This survey was developed by Don Bailey, Kathy Hebbeler, and Mary Beth Bruder as part of the Early Childhood Outcomes (ECO) Center. Permission is granted to reproduce this survey for state and local program use. When reproducing, please identify as "Developed by the Early Childhood Outcomes Center with support from the Office of Special Education Programs, U.S. Department of Education." Please contact staff@the-ECO-center.org if you wish to use or adapt the survey.

### Family Outcomes Survey

#### UNDERSTANDING YOUR CHILD'S STRENGTHS, ABILITIES, AND SPECIAL NEEDS

1. Your child is growing and learning. How much does your family understand about your child's development?

1	2	3	4	5	6	7
We are <b>just</b> <b>beginning</b> to		We understand <b>some</b> about our		We understand <b>a</b> good amount about		We understand <b>a</b> great deal about
understand our child's development		child's development		our child's development		our child's development

2. Some children have special health needs, a disability, or are delayed in their development. These are often referred to as "special needs." How familiar is your family with your child's special needs?

#### $\hfill\square$ CHECK HERE IF YOUR CHILD DOES NOT HAVE SPECIAL NEEDS AND GO TO QUESTION 3.

1	2	3	4	5	6	7
We are <b>just</b> <b>beginning</b> to understand our child's special needs		We understand <b>some</b> about our child's special needs		We understand <b>a</b> good amount about our child's special needs		We understand <b>a</b> great deal about our child's special needs

3. Professionals who work with you and your child want to know if the things they do are working. How often is your family able to tell if your child is making progress?

1	2	3	4	5	6	7
We seldom can tell		We sometimes can		We usually can tell		We almost always
if our child is		tell if our child is		if our child is		can tell if our child
making progress		making progress		making progress		is making progress

#### KNOWING YOUR RIGHTS AND ADVOCATING FOR YOUR CHILD

4. A variety of programs and services may be available to help your child and family. How much does your family know about the programs and services that are available?

1	2	3	4	5	6	7
We are just		We know some		We know a good		We know a great
beginning to learn		about the programs		amount about the		deal about the
about the programs		and services that are		programs and		programs and
and services that are		available		services that are		services that are
available				available		available

5. Families often meet with professionals to discuss and plan for your child's care and development. How comfortable is your family participating in these meetings?

1	2	3	4	5	6	7
We are <b>just</b> <b>beginning</b> to feel comfortable participating in meetings		We are <b>somewhat</b> comfortable participating in meetings		We are <b>generally</b> comfortable participating in meetings		We are <b>very</b> comfortable participating in meetings

- 6. Families of children with special needs have rights, including what to do if you are not satisfied. How familiar is your family with your rights?
  - □ CHECK HERE IF YOUR CHILD DOES NOT HAVE SPECIAL NEEDS AND GO TO QUESTION 7.

1	2	3	4	5	6	7
We are <b>just</b> <b>beginning</b> to		We understand <b>some</b> about our		We understand <b>a</b> good amount about		We understand <b>a</b> great deal about
understand our rights		rights		our rights		our rights

#### HELPING YOUR CHILD DEVELOP AND LEARN

7. Families help their children develop and learn. How much does your family know about how to help your child develop and learn?

1	2	3	4	5	6	7
We are <b>just</b> <b>beginning</b> to know how to help our child develop and learn		We know <b>some</b> about how to help our child develop and learn		We know <b>a good</b> <b>amount</b> about how to help our child develop and learn		We know <b>a great</b> <b>deal</b> about how to help our child develop and learn

8. *Families try to help their children learn to behave the way they would like. How much does your family know about how to help your child learn to behave the way your family would like?* 

1	2	3	4	5	6	7
We are just		We know some		We know a good		We know a great
beginning to know		about how to help		amount about how		deal about how to
how to help our		our child behave the		to help our child		help our child
child behave the		way we want		behave the way we		behave the way we
way we want				want		want

9. Families work with professionals to help their children learn and practice new skills at home or in their communities. How often does your family help your child learn and practice these new skills?

1	2	3	4	5	6	7
We are <b>just</b> <b>beginning</b> to help our child learn and practice these skills		We <b>sometimes</b> help our child learn and practice these skills		We <b>usually</b> help our child learn and practice these skills		We <b>routinely</b> help our child learn and practice these skills

#### HAVING SUPPORT SYSTEMS

10. Many people feel that talking with another person helps them deal with problems or celebrate when good things happen. How often does your family have someone your family trusts to listen and talk with when they need it?

1	2	3	4	5	6	7
We seldom have		We sometimes		We usually have		We almost always
someone to talk		have someone to		someone to talk		have someone to
with about things		talk with about		with about things		talk with about
when we need it		things when we		when we need it		things when we
		need it				need it

11. Families sometimes must rely on other people for help when they need it, for example to provide a ride, run an errand, or watch their child for a short period of time. How often does your family have someone you can rely on for help when your family needs it?

1	2	3	4	5	6	7
We seldom have		We sometimes		We usually have		We almost always
someone we can		have someone we		someone we can		have someone we
rely on for help		can rely on for help		rely on for help		can rely on for help
when we need it		when we need it		when we need it		when we need it

12. Most families have things they enjoy doing. How often is your family able to do the things your family enjoys?

1	2	3	4	5	6	7
We seldom are able		We sometimes are		We usually are able		We almost always
to do the things we		able to do the things		to do the things we		are able to do the
enjoy		we enjoy		enjoy		things we enjoy

#### ACCESSING YOUR COMMUNITY

13. All children need medical care. How well does your family's medical care meet your child's special needs?

1	2	3	4	5	6	7
Our medical care		Our medical care		Our medical care		Our medical care
meets few of our		meets some of our		meets many of our		meets almost all of
child's needs		child's needs		child's needs		our child's needs

- 14. Many families have a need for quality childcare. By this, we do not mean occasional babysitting, but regular childcare, either part-day or fullday. How well does your family's childcare meet your child's needs?
  - □ CHECK HERE IF YOUR FAMILY HAS <u>NOT WANTED CHILD CARE</u>, AND GO TO QUESTION 15.

#### CHECK HERE IF YOUR FAMILY HAS <u>WANTED CHILD CARE</u> BUT IT IS NOT CURRENTLY AVAILABLE, AND GO TO QUESTION 15.

1	2	3	4	5	6	7
Our childcare meets		Our childcare meets		Our childcare meets		Our childcare meets
few of our child's		some of our child's		many of our child's		almost all of our
needs		needs		needs		child's needs

- 15. Many families want their child to play with other children or participate in religious, community, or social activities. How often does your child participate in these activities right now?
  - □ CHECK HERE IF YOUR FAMILY HAS NOT WANTED YOUR CHILD TO PARTICIPATE IN SUCH ACTIVITIES AND GO TO QUESTION 16.

1	2	3	4	5	6	7
Our child <b>seldom</b> participates in the activities we want		Our child sometimes participates in the activities we want		Our child <b>usually</b> participates in the activities we want		Our child <b>almost</b> <b>always</b> participates in the activities we want

#### IF YOUR FAMILY IS RECEIVING SERVICES THROUGH AN EARLY INTERVENTION PROGRAM, COMPLETE ITEMS 16 TO 18.

#### THE HELPFULNESS OF EARLY INTERVENTION

The next questions ask how well early intervention has helped your family. When answering, think about the early intervention services you have received.

16. To what extent has early intervention helped your family know and understand your rights?

1	2	3	4	5	6	7
Early intervention has done a <b>poor</b> job of helping us know our rights		Early intervention has done a <b>fair</b> job of helping us know our rights		Early intervention has done a <b>good</b> job of helping us know our rights		Early intervention has done an <b>excellent</b> job of helping us know our rights

17. To what extent has early intervention helped your family <u>effectively communicate your child's needs</u>?

1	2	3	4	5	6	7
Early intervention		Early intervention		Early intervention		Early intervention
has done a <b>poor</b> job		has done a <b>fair</b> job		has done a <b>good</b> job		has done an
of helping us		of helping us		of helping us		excellent job of
communicate our		communicate our		communicate our		helping us
child's needs		child's needs		child's needs		communicate our
						child's needs

18. To what extent has early intervention helped your family be able to <u>help your child develop and learn</u>?

1	2	3	4	5	6	7
Early intervention has done a <b>poor</b> job of helping us help our child develop and learn		Early intervention has done a <b>fair</b> job of helping us help our child develop and learn		Early intervention has done a <b>good</b> job of helping us help our child develop and learn		Early intervention has done an <b>excellent</b> job of helping us help our child develop and
						learn